

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: FAMILY DYNAMICS I

Code No.: CCW 504-3

Program: CHILD & YOUTH WORKER PROGRAM

Semester: FIFTH

Date: SEPTEMBER 1989

Author: JOHN ESPOSTI

New: \_\_\_\_\_ Revision:  \_\_\_\_\_

APPROVED:

L. Dubois  
Chairperson

Aug 29/89  
Date

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Course TitleCourse No.

Instructor: John Esposti

Time: Tuesdays 9:00 a.m. - 12:00 a.m.

Location: Room E314

Start Date: September 5, 1989

Pre-Requisite: CCW 117 &amp; CCW 224

COURSE DESCRIPTION

The structure of the Family Dynamics course is designed to separate out what needs to be learned from what needs to be experienced. Students must begin to think in a new way about family behaviour and at the same time, learn how to use themselves as "professionals" in a special way.

Family Dynamics I will deal with understanding family systems theory. The content will emphasize the use of systems theory as a way of organizing knowledge about human behaviour. Other major concepts to be presented and explored will deal with the family's development, history, and communication. Also, an examination into both healthy and dysfunctional families will begin.

COURSE OBJECTIVES

The student will be able to:

1. discuss the principles underlying family systems theory.
2. list the stages of family development and how this relates to working with families.
3. discuss the significance of family history and culture.
4. discuss the kinds of family communication that signal healthy and unhealthy family functioning.
5. develop beginning skills in assessing and working with families.

COURSE REQUIREMENTS

The course requirements for Family Dynamics I include:

- a) reading of text and other materials as required.
- b) regular class attendance (80% attendance is **compulsory**).
- c) interview a family unknown to the student but selected by the class. The interview is to be taped and is to be no less than twenty (20) minutes.
- d) a special interest paper.
- e) a test.

FAMILY DYNAMICS I

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CLASS SCHEDULE

September: 5/12/19/26  
October: 3/10/17/24/31  
November: 7/14/21/28  
December: 5/12/19

REQUIRED STUDENT RESOURCES

Test: Owen, Michael: "Family Dynamics".  
Humber College, Toronto, 1984.

Readings: Students will be required to read the assigned chapters  
prior to the class.

METHODS OF EVALUATION

Family Interview (Due Date: T.B.A.)	25%
Special Topic Paper (Due Date: T.B.A.)	25%
Test (Due Date: T.B.A.)	50%

COLLEGE GRADING SYSTEM

90 - 100% = A+  
80 - 89% = A  
70 - 79% = B  
60 - 69% = C  
Below 60 = R (Repeat Course)